

# Riverside Meadows Intermediate School

## March, 2017

### Breakfast

		1	2	3
		Waffle	Breakfast Pizza	French Toast
		Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
		Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese
6	7	8	9	10
Whole Grain Doughnut	Breakfast Burrito	Muffin Choice	Fruit and Yogurt Parfait	Sausage and Pancake Breakfast Stick
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese
13	14	15	16	17
Sausage Breakfast Sandwich	Bagelful	Waffle	Breakfast Pizza	HOLIDAY
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Teacher's Work Day
Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	HOLIDAY
20	21	22	23	24
Whole Grain Doughnut	Breakfast Burrito	Muffin Choice	Fruit and Yogurt Parfait	Sausage and Pancake Breakfast Stick
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese
27	28	29	30	31
Sausage Breakfast Sandwich	Bagelful	Waffle	Breakfast Pizza	French Toast
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!

**Menu Subject To Change Without Notice**

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## March, 2017

### Lunch

		1	2	3
		Popcorn Chicken	Teriyaki Chicken and Rice	Spaghetti with Meat Sauce and Garlic Bread
		Grilled Cheese Sandwich	Vegetarian Egg Roll with Rice and Sunflower Seeds	Spaghetti with Red Sauce and Cheesy Breadstick
		Potato Wedges	Roasted Carrots	Roasted Broccoli
6	7	8	9	10
Mac N Cheese and Corn Bread	Beef Crunchy Tacos	Mini Corn Dogs	Hamburger	Pepperoni Galaxy Personal Pizza
Ultra Bean and Cheese Burrito	Cheese Quesadilla	Sunflower Butter and Jelly Sandwich with Cheese Stick	Vegetarian Burger	Cheese Galaxy Personal Pizza
Roasted Broccoli	Smooth Refried Beans	Seasoned Curly Fries	Potato Wedges	Steamed Carrots
13	14	15	16	17
Italian Calzone	Nacho Pack	Chicken Strips	Mandarin Chicken and Rice	HOLIDAY
Cheese Quesadilla	Ultra Bean and Cheese Burrito	Grilled Cheese Sandwich	Vegetarian Egg Roll with Rice and Sunflower Seeds	Teacher's Work Day
Roasted Carrots	Zesty Pinto Beans	Corn Cob	Roasted Broccoli	HOLIDAY
20	21	22	23	24
Pretzel Bites with Cheese Dip	Chicken Soft Taco	Jumbo Corn Dog	BBQ Rib Sandwich	Primo Pepperoni Pizza Slice
Ultra Bean and Cheese Burrito	Cheese Quesadilla	Sunflower Butter and Jelly Sandwich with Cheese Stick	Vegetarian Burger	Primo Cheese Pizza Slice
Steamed Green Beans	Smooth Refried Beans	Roasted Sweet Potatoes	Roasted Corn	Steamed Carrots
27	28	29	30	31
Fiesta Nada (Taco Pocket)	Chicken Taquitos	Popcorn Chicken	Teriyaki Chicken and Rice	Spaghetti with Meat Sauce and Garlic Bread
Cheese Enchiladas	Ultra Bean and Cheese Burrito	Grilled Cheese Sandwich	Vegetarian Egg Roll with Rice and Sunflower Seeds	Spaghetti with Red Sauce and Cheesy Breadstick
Black Beans	Salsa Cup	Potato Wedges	Roasted Carrots	Roasted Broccoli

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!

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